

Active Transfer Checklist

Evaluate your Active Transfers

- How active are they?
- Can they be improved?
- Is the participant in charge of the transfer or is it just happening to them?
- Is the person participating throughout the whole process or just taking partial part in it?
- Does/ can the person use their hands to support their own transfer?
- If the person can use their hands, can they transfer without using their hands. (using more of their legs)
- Are the strategies used constantly evaluated to ensure continuous progress and challenges to further the skill?
- Does the participant use the same transferring strategies all day, everywhere to ensure consistency and continuity of fine tuning the skill?
- How many hours/minutes are your participant sitting for any one time?
- Would you be able to sit that long without being in pain or numb?
- How can you make use of your given environment to promote more activity and active participation?
- To me when it comes to neuro-rehabilitation it is always conduction. Conduction is the emblem of humanity and neuro-rehabilitation.
- To facilitate transformation with any segregated attempts, to me now is ludicrous.

Neuroscience, quantum physics, neuroimmunology, epigenetics will eventually prove Dr András Peto's ideas and practice and the power of conduction. In the mean time we must carry on with the work the best we can to help people in the here and now.

An example true story.

One day in a special school (a very good one by the way), there was a little girl who sat in her wheelchair most of the school day.

A conductor was asked to go to her class and help her. The conductor naturally set out a sequence of actions for her, showing her how she could stand up and transfer to a school chair.

From that point the little girl spent most of her time out of her wheelchair.

Everybody was amazed and came to the little girl asking: Why didn't we know that you can do that?

Wow! This is amazing!

Footnote: The girl didn't have to learn to sit, but no one assumed that she could.